

Medicine (PAAM) and the Medical Section at the Goetheanum. Oct. 16, 2020. Denver, Colorado.

CHAPTER 8

1. H. F. Katharsis. *Reinigung als Heilverfahren: Studien zum Ritual der archaischen und klassischen Zeit sowie zum Corpus Hippocraticum* [Purification as a healing method: studies on the ritual in ancient times and the classical era as well as on the Hippocratic Corpus], 2001.
2. S. Hahnmann. *Dissertatio historico-medica de Helleborismo Veterum* [Thesis on Helleborismo veterum, historical and medical aspects]. Leipzig, 1812.
3. P. Habermehl. Petronius, Satyrica 79-141: Sat.79-110: *Ein philologisch-literarischer Kommentar* (Texte und Kommentare) [A philological and literary commentary], 2006, p 135.
4. Fischer C. *Fleissigres Herren-Auge, oder, Wohl-Ab- und Angeführter Haus-Halter* [The industrious gentleman's gaze, or lessons in agriculture and economics], Frankfurt am Main: Zieger, 1696.
5. J. C. Sainty and R. O Buchholz. *Officials of the Royal Household, 1660-1837*, Part One: Department of the Lord Chamberlain, London, 1997.
6. E. Ben-Ayre, et. al. "Integrative oncology in the Middle East: From traditional herbal knowledge to contemporary cancer care," *Annals of Oncology*, 2012;23(1): 211-21, p. 214.
7. A. Skuse. *Constructions of Cancer in Early Modern England: Ravenous Natures*, Hampshire, UK: Palgrave Macmillan, 2015.
8. E. Ben-Ayre, et. al. "Integrative oncology in the Middle East: from traditional herbal knowledge to contemporary cancer care" (Op. cit.), p. 214.
9. B. Javadi, et al. "Anticancer plants in Islamic traditional medicine," in *Complementary Therapies for the Body, Mind and Soul*, 2015.
10. S. Hahnmann. *Dissertatio historico-medica de Helleborismo Veterum*, Op. cit.
11. R. Steiner. *Introducing Anthroposophical Medicine* (CW 312), Op. cit.
12. W. Pelikan. *Healing Plants*, vols. 1 and 2, Spring Valley, NY: Mercury Press, 2012.
13. J. Wilkens, *The Healing Power of the Christmas Rose: The Medicinal Value of Black Hellebore*, Forest Row, UK: Temple Lodge 2017 (in association with Helixor Heilmittel).
14. Zhi Pan, et al. "β-ecdysterone protects SH-SY5Y cells against 6-hydroxydopamine-induced apoptosis via mitochondria-dependent mechanism: Involvement of signaling pathway," *Neurotoxicity Research* vol. 30, pages 453-66 (2016).
15. A. Büssing, et al. "Immunomodulatory properties of Helleborus niger: 6th Inter-science World Conference on Inflammation, Antirheumatics, Analgetics, Immunomodulators," Mar. 28-30, 1995, Geneva, Switzerland: Palexpo, 1995.
16. F. A. Moharram, et al. "Antinociceptive and anti-inflammatory steroid saponins from Dracaena ombet." *Planta medica*, vol. 73,10 (2007): 1101-06. doi:10.1055/s-2007-981565.

MISTLETOE AND THE EMERGING FUTURE OF INTEGRATIVE ONCOLOGY

17. A. Büsing et al. "Immunomodulatory properties of Helleborus niger," Op. cit.
18. R. Rouf, et al. "Comparative study of hemagglutination and lectin activity in Australian medicinal mushrooms (higher Basidiomycetes)." *International Journal of Medicinal Mushrooms*, vol. 13,6 (2011): 493–504. doi:10.1615/intjmedmushr.v13.i6.10.
19. J. Wilkens, *Die Heilkraft der Christrose*, Op. cit., p. 40.
20. A. Bussing and K. Schweizer. "Effects of Phytopreparation from Helleborus niger on Immunocompetent cells in vitro," Op. cit., pp. 139–144.
21. Nhu Ngoc Quynh Vo, et al. "Structure and hemolytic activity relationships of triterpenoid saponins and sapogenins." *Journal of Natural Medicines*, vol. 71,1 (2017): 50–58. doi:10.1007/s11418-016-1026-9.
22. According to common principles in anthroposophic homeopathy. Primarily drawing from *Vademacum of Anthroposophic Medicines: Best Practices for Mistletoe Use in Cancer Care*, Association for Anthroposophic Physicians in Germany (GAAD), 2019 pp. 44–48: supp. to *Dr Merkurstab Journal of Anthroposophic Medicine*, vol. 72, 2019.
23. Jesse P, Mottke G, Eberle J, Seifert G, Henze G, Prokop A. "Apoptosis-inducing activity of *Helleborus niger* in ALL and AML." *Pediatric Blood and Cancer*, 2009;52(4): 464-469.
24. J. Wilkens, *Die Heilkraft der Christrose*, Op. cit., p. 49.
25. P. Jesse. "Praklinische Evaluation von Helleborus Niger in Zellkulturrversuchen" Op. cit.
26. J. E. Felenda, et al. "Preclinical evaluation of safety and potential of black hellebore extracts for cancer treatment," *BMC Complementary and Alternative Medicine*, Op. cit., p. 11.
27. P. Jesse. "Praklinische Evaluation von Helleborus Niger in Zellkulturrversuchen," Op. cit.
28. A. Büsing, et al. "Effects of phytopreparation from Helleborus niger on Immunocompetent cells in vitro," Op. cit., pp 139–144.
29. A. Büsing, et al. "Immunomodulatory properties of Helleborus noiger," Op. cit.
30. P. Jesse, et al. "Apoptosis-inducing activity of *Helleborus niger* in ALL and AML," *Pediatric Blood and Cancer*, 2009;52(4): 464-469.
31. P. Jesse, et al. "Apoptosis induced by extracts of *Helleborus niger* in different lymphoma and leukemia cell lines and primary lymphoblasts of children with ALL is independent of smac-overexpression and executed via the mitochondrial pathway," *Blood* (2007) 110 (11): 4215. <https://doi.org/10.1182/blood.V110.11.4215.4215>.
32. AUTHOR NOTE: All information in this table draws from my clinical observations, the Homeopathic Pharmacopoeia (www.hpus.com), and observations by C. Schnürer, "Klinische Erfahrungen mit Helleborus niger bei Tumor- und AIDS-Kranken." [Clinical experience with *Helleborus niger* in cancer and AIDS patients.] *Der Merkurstab*. 1995;48(6):536-558. Article-ID: DMS-16797-DE DOI: <https://doi.org/10.14271/DMS-16797-DE>.
33. J. Wilkens, *Die Heilkraft der Christrose*, Op. cit., p. 66.

35. J. E. Felenda, et al. "Preclinical evaluation of safety and potential of black Hellebore extracts for cancer treatment," *BMC Complementary and Alternative Medicine*, 21 May 2019;19(1). DOI: [10.1186/s12906-019-2517-5](https://doi.org/10.1186/s12906-019-2517-5).
36. P. Jesse, et al. "Apoptosis-inducing activity of *Helleborus niger* in AML and AML," Op. cit.
37. A. Büsing, et al. "Immunomodulatory properties of *Helleborus niger*," Op. cit.
38. J. Wilkens, *Die Heilkraft der Christrose (The Healing Power of the Christmas Rose)*, Op. cit.
39. M. Debus. "Medikamentöse Begleitbehandlung bei onkologischen Erkrankungen" [Concomitant drug treatment for oncological diseases], *Der Merkurstab*, 2009;62(4):320–25. Article-ID: DMS-19466-DE. DOI: <https://doi.org/10.14271/DMS-19466-DE>.
40. C. Schnürer. "Klinische Erfahrungen mit *Helleborus niger* bei Tumor- und AIDS-Kranken," Op. cit.
41. P. Jesse, et al. "Apoptosis induced by extracts of *Helleborus niger* in different lymphoma and leukemia cell lines and primary lymphoblasts of children with ALL is independent of smac-overexpression and executed via the mitochondrial pathway," Op. cit.
43. Y. Arai, et al. "Enhancement of hyperthermia-induced apoptosis by local anesthetics on human histiocytic lymphoma U937 cells." *J. Biol. Chem.*, May 24, 2002;277(21):18986-93. doi: [10.1074/jbc.M108084200](https://doi.org/10.1074/jbc.M108084200). Epub Feb 22, 2002.
44. T. Breitkreuz. "Helleborus niger in der Onkologie. Kasuistiken und Therapieerfahrungen aus dem Gemeinschaftskrankenhaus Herdecke" [Case reports and clinical experience from Herdecke Community Hospital 2001–2010], *Der Merkurstab*, 2010;63(6):526–534. Article-ID: DMS-19703-DE. DOI: <https://doi.org/10.14271/DMS-19703-DE>.
45. S. Kirste, et al. "Boswellia serrata acts on cerebral edema in patients irradiated for brain tumors: A prospective, randomized, placebo-controlled, double-blind pilot trial," *Cancer*, Aug 15, 2011;117(16):3788–95. doi: [10.1002/cncr.25945](https://doi.org/10.1002/cncr.25945). Epub 2011 Feb 1.
46. P. G. Werthmann, et al. "Minor regression and long-time survival (56 months) in a patient with malignant pleural mesothelioma under *Viscum album* and *Helleborus niger* extracts: A case report," *Journal of Thoracic Disease*, vol. 9,12 (2017): E1064-E1070. doi:[10.21037/jtd.2017.j11.56](https://doi.org/10.21037/jtd.2017.j11.56).
47. T. Breitkreuz. "Helleborus niger in der Onkologie. Kasuistiken und Therapieerfahrungen aus dem Gemeinschaftskrankenhaus Herdecke 2001–2010," Op. cit. Article-ID: DMS-19703-DE. DOI: <https://doi.org/10.14271/DMS-19703-DE>.
48. M. Girke. *Internal Medicine*, Op. cit.
49. J. Wilkens, *The Healing Power of the Christmas Rose*, Op. cit.
50. Da-Cheng Hao. "Biodiversity, chemodiversity, and pharmacotherapy of ranunculus medicinal plants," *Ranunculales Medicinal Plants*, Academic Press. 23rd Apr. 2018. 357–386. Jan. 2019 DOI:[10.1016/B978-0-12-814232-5.00009-5](https://doi.org/10.1016/B978-0-12-814232-5.00009-5) In book: (pp.357–386).