

PRAISE FOR  
MISTLETOE AND THE EMERGING FUTURE OF INTEGRATIVE ONCOLOGY

*"In this pioneering book, doctors and patients will discover the incredible power of mistletoe therapy and its foundational place within integrative cancer care. As this book demonstrates, plant-based supplements that stimulate the immune system's own power—such as mistletoe—are a welcome addition to current cancer treatments and may eventually become first-line treatments (with fewer side effects)."*

—**Kelly A. Turner, PhD**, New York Times bestselling author of *Radical Hope: 10 Key Healing Factors from Exceptional Survivors of Cancer & Other Diseases*

*"Mistletoe was a cornerstone of my integrative oncology practice for over 35 years. This exciting collaboration by leading integrative physicians is not only a comprehensive deep-dive into the science and practice of mistletoe therapies, it provides a context in holistic cancer care. Nutrition, spirituality, metabolic therapies, naturopathy, and other natural medicines are given voice as the new paradigm of integrative medicine." —Neil McKinney, ND, author, Naturopathic Oncology: An Encyclopedic Guide for Patients and Physicians*

*"This new resource is an excellent and needed addition to the world of naturopathic and integrative oncology. Using Mistletoe as a therapy is something my colleagues and I have done for many years, and like all therapies there are so many subtleties to the art of its use. This book will take the practitioner from not only a safe and entry level position using mistletoe therapies but also elevate their technical and clinical competence. All the chapters are amazing, and ones such as chapter 5, 'Test, Assess, Address... Don't Guess! Adjusting Treatment Priorities in Response to the Patient's Unique Terrain' gets to the heart of elevating patient outcomes. This is an invaluable resource!"*

— **Dr. Paul S. Anderson**, coauthor, *Outside the Box Cancer Therapies*; author, *Cancer: The Journey from Diagnosis to Empowerment*

*"Although future cancer therapies may involve cutting-edge science such as gene therapy it may also be that ancient wisdom will be just as important. Mistletoe has been used in traditional healing therapies for centuries, if not thousands of years and may prove to be one of our greatest tools in the treatment of cancer."*  
—**Robb Wolf**, New York Times bestselling author, *The Paleo Solution* and *Wired to Eat*, co-host "The Healthy Rebellion Radio"

*"I cannot imagine a better introduction to mistletoe than the current volume. It is fascinating, clearly organized, and well written . . . a real page-turner for anyone interested in the tortuous journey of this widely misunderstood form of complementary treatment. Visitors to Germany are often amazed to discover the respect that physicians and patients have for a botanical treatment almost unknown in America—that is, mistletoe therapy and the broader category of anthroposophic medicine. Mistletoe has been approved for cancer in Germany since the 1960s. Even the U.S. National Cancer Institute states that mistletoe extracts are among the most widely prescribed drugs for cancer patients in Europe. Yet, in the U.S. mistletoe is either unknown or carelessly maligned. This situation is now changing because of a clinical trial at the renowned Johns Hopkins University in Baltimore. This fact alone is causing greater awareness of mistletoe therapy and may help usher in a bright future for cancer patients seeking a more holistic form of treatment."*  
—**Ralph W. Moss, PhD**

*"What a treasure this book is—for patients and practitioners alike. It's time to shed the war metaphor and acknowledge that comprehensive healing must incorporate spirit, soul, and body. These authors provide an expansive and inclusive view of how we can approach and accomplish healing the whole person. As more of us embrace and practice the approaches introduced in this book, we will truly have actual healthcare rather than disease management."*  
—**Jan Adrian, MSW**, founder and director of Healing Journeys

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### DISCLAIMER

This book is intended to introduce the reader to mistletoe therapy, anthroposophic care, naturopathic medicine, and basic principles of integrative oncology. It is not intended as a comprehensive mistletoe training manual, nor is it intended to diagnose, prevent, or treat cancer or any other disease. The information presented within cannot substitute for the advice of your family physician or other trained healthcare professionals.

Mistletoe therapy, although well researched, is not an FDA-approved therapy. It should be administered only under the advice of your doctor and is not intended to replace current standard of care (SOC) treatments. Patients interested in European mistletoe should consult with a licensed practitioner who has received focused training in both integrative medicine and mistletoe therapy. Anthroposophic, naturopathic, and integrative therapies should be administered only under the guidance of a practitioner trained in their appropriate use.

Several case stories are included throughout. The diagnoses, treatment strategies, and outcomes are all factual, although personal details have been veiled to protect patient privacy.

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