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WITH DR. MERCOLA

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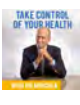
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Best of Series- Technocracy

Patrick Wood — an economist, financial analyst and American constitutionalist — has devoted a lifetime to uncovering the mystery of what is controlling most of the craziness we're currently seeing.
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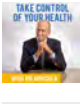
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Experience with Ivermectin Discussion Between Dr. Hector Carvallo & Dr. Mercola

Carvallo graduated from medical school in 1981 — the same year AIDS emerged as a global pandemic. In the first two years, AIDS killed 2 million people. Since 1981, it has claimed the lives of 35 million.
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Best of Series- "Slanted"

Sharyl Attkisson is an award-winning investigative journalist with uncompromising integrity. Her latest book, "Slanted: How the News Media Taught Us to Love Censorship and Hate Journalism."
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Best of Series- 1986: The Act

In this interview, Dr. Mercola hosts a discussion about the documentary "1986: The Act". The film, is included in the NVIC's international public conference on vaccination, which was held online October 16 thr...
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Best of Series - Benefits of Sunlight

In this best of series Dr. Marc Sorenson discusses the benefits of direct sun exposure with Dr. Mercola
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Vaccine Awareness Week 2021 Discussion Between Barbara Loe Fisher & Dr. Mercola

This week, we celebrate our 12th anniversary of Vaccine Awareness Week. In this video, Barbara Loe Fisher, co-founder and president of the National Vaccine Information Center (NVIC) — which will celebrate its 4...
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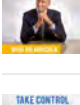
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Best of Series- "Stronger By Stress"

Here, we discuss his book, "Stronger by Stress: Adapt to Beneficial Stressors to Improve Your Health and Strengthen the Body," which came out July 26, 2020. It reviews the really important concepts of hormesis...
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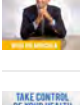
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The Conscience of Psychiatry Discussion Between Dr. Peter Breggin & Dr. Mercola

In this interview, Dr. Peter Breggin — known as "the conscience of psychiatry" for his instrumental role in preventing the return of lobotomy as a psychiatric treatment in the early 1970s — discusses his latest...
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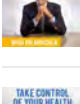
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Best of Series- Transforming our Health Care System

Travis Christofferson — who has a premedical undergraduate degree and a master's degree in materials engineering and science — has written two excellent books about health. The first one, "Tripping Over the Tru...
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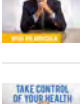
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Best of Series- Ketones: The Fourth Fuel

In this best of series interview, Dr. Mercola interviews Travis Christofferson who has written three books on metabolic health optimization. His third and latest one is "Ketones, The Fourth Fuel: Warburg to Kre...
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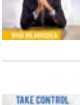
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Best of Series- Metabolic Autophagy

In this best of series, Siim Land, a sociocultural anthropologist, entrepreneur and high-performance coach, is also the author of an excellent book, "Metabolic Autophagy: Practice Intermittent Fasting and Resis...
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Mercury Awareness Week Update- Discussion Between Charlie Brown & Dr. Mercola

For the 11th consecutive year, we celebrate our annual Mercury Awareness and Mercury-Free Dentistry Week. With us again is Charlie Brown, executive director of Consumers for Dental Choice, and a former attorney...
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Best of Series- Hyperbaric Oxygen Therapy

In this best of series interview, Dr. Jason Sonners discusses hyperbaric oxygen therapy (HBOT), which is a tremendously beneficial and widely underutilized therapy. Sonners, a chiropractor, also has a degree in...
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August 29, 2021 ⌚ 54 min [Download](#)

How to Use Blood Testing to Increase Your Resilience Interview Between Thomas Lewis, Ph.D., Dr. Michael Carter, and Dr. Mercola

In this interview, Thomas Lewis, Ph.D., and Dr. Michael Carter explain how biomarker panels can help you take control of your health by identifying underlying chronic infections that might be sabotaging your he...



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In this best of series interview, Jed Fahey, Sc.D., a nutritional biochemist, assistant professor at Johns Hopkins Medical School, and director of the Cullman Chemoprotection Center, reveals why cruciferous veg...

August 19, 2021 ⌚ 1 hr 21 min [Download](#)**Best of Series- History as a Psychiatrist- Interview with Dr. Peter Breggin**

Dr. Peter Breggin, a psychiatrist, has written more than a dozen bestselling books on psychiatry and the drug industry. He's frequently referred to as "the conscience of psychiatry" because he's been able to su...

August 15, 2021 ⌚ 1 hr 26 min [Download](#)**Best of Series- Utilizing Blood Flow Restriction**

Blood flow restriction (BFR) training is, without a doubt, the most exciting innovation in exercise training I've encountered in my 50 years of exercise. To help us walk through how it's done, and to discuss it...

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The ReCODE protocol, which involves identifying the drivers of cognitive decline (such as pathogens, toxins and metabolic changes), then targeting those in a personalized program that includes dietary and lifes...

August 08, 2021 ⌚ 52 min [Download](#)**Best of Series- EFT Meditation**

In this best of series Dawson Church, Ph.D., is a leader in the energy psychology movement, one of the most common forms being the Emotional Freedom Techniques (EFT), which I have promoted for years. Church inv...

August 04, 2021 ⌚ 1 hr 2 min [Download](#)**Best of Series- Benefits of Cannabis**

In this best of series Dr. Allan Frankel, a board-certified internist at GreenBridge Medical in Santa Monica, California, has treated patients with medical cannabis for the past 13 year. The first time I interv...

July 18, 2021 ⌚ 45 min [Download](#)**Best of Series- Glow 15**

Naomi Whittel is the former CEO of Twinlab and has written an interesting book about how to achieve radiant health by activating your body's natural autophagy processes. In "Glow 15: A Science-Based Plan to Los...

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In this best of series interview, Albert Bates, director of the Global Village Institute for Appropriate Technology and author of "Burn: Using Fire to Cool the Earth," discusses how biochar can transform agricu...

July 11, 2021 ⌚ 1 hr 14 min [Download](#)**Best of Series- Molecular Hydrogen Development**

In this best of series I interview Alex Tarnava is the inventor of the open-container molecular hydrogen tablets.

July 07, 2021 ⌚ 1 hr 53 min [Download](#)**Best of Series- mTOR and Autophagy**

In this best of series, anti-aging scientist James Clement, author of "The Switch: Ignite Your Metabolism With Intermittent Fasting, Protein Cycling, and Keto," While a lawyer by trade, he has since transitione...

July 03, 2021 ⌚ 41 min [Download](#)**Fluoride Awareness- Discussion Between Paul Connett & Dr. Mercola**

In this interview, I speak with Paul Connett, executive director of the Fluoride Action Network (FAN), for the Fluoride Awareness Week. Connett has been instrumental in catalyzing the movement to remove fluorid...

June 27, 2021 ⌚ 1 hr 4 min [Download](#)**Toxic Legacy- Discussion Between Stephanie Seneff & Dr. Mercola**

Stephanie Seneff, Ph.D., a senior research scientist at MIT, has published a new book, "Toxic Legacy: How the Weedkiller Glyphosate Is Destroying Our Health and the Environment" — without doubt the best book ev...

June 23, 2021 ⌚ 1 hr 35 min [Download](#)**Best of Series- Molecular Hydrogen**

In this best of series, Tyler W. LeBaron, founder of the science-based nonprofit Molecular Hydrogen Institute, is one of the most knowledgeable people about molecular hydrogen and its benefits. There are so man...

June 20, 2021 ⌚ 1 hr 13 min [Download](#)**Hidden Epidemic- Discussion Between Dr. Thomas Levy & Dr. Mercola**

In this interview, repeat guest Dr. Thomas Levy, a board-certified cardiologist, shares his insights into an oft-forgotten and overlooked area of health, namely your oral health. For more information go to: htt...

June 16, 2021 ⌚ 1 hr 3 min [Download](#)**Best of Series- "Boundless"**

In his book, "Boundless: Upgrade Your Brain, Optimize Your Body & Defying Aging," Ben Greenfield details his best longevity hacks. "Boundless" is a great title, as the object of longevity isn't just about tacki...

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Best of Series- Omega-6 and AMD

In this best of series episode, Dr. Chris Knobbe, an ophthalmologist, discusses some of the eye-opening information found in his book, "Ancestral Dietary Strategy to Prevent and Treat Macular Degeneration."



June 06, 2021 1 hr 19 min Download

Academic Censorship Discussion Between Mark Crispin Miller & Dr. Mercola

In this interview, professor Mark Crispin Miller, Ph.D., provides us with a startling example of a crackdown on academic freedom, with dire implications for free speech in America today. Ironically, it was his...



June 02, 2021 1 hr 26 min Download

Best of Series- Sleep Apnea

In this best of series interview, Dr. Stasha Gominak, a neurologist and sleep coach, explains the curious synergy between vitamin D deficiency, a changed microbiome and poor sleep.



May 26, 2021 1 hr 13 min Download

Best of Series- "It's All In Your Mouth"

In this best of series, Dr. Dominik Nischwitz, author of "It's All in Your Mouth: Biological Dentistry and the Surprising Impact of Oral Health on Whole Body Wellness," discusses his "all-in-one" holistic treat...



May 19, 2021 59 min Download

Best of Series- Regenerative Food and Farming

In this best of interview, Ronnie Cummins, founder of the Organic Consumers Association, discusses his new book "Grassroots Rising: A Call to Action on Climate, Farming, Food and a Green New Deal."



May 12, 2021 1 hr 2 min Download

Best of Series- Antiaging Strategies

In this best of episode, Dr. Lynda Frassetto, a nephrologist and professor emeritus in the department of medicine at University of California San Francisco (UCSF), shares important information about how acid in...



May 09, 2021 1 hr 6 min Download

Busting Breast Cancer - Discussion Between Susan Wadia-Ells & Dr. Mercola

In this interview, Susan Wadia-Ells, Ph.D., discusses breast cancer as an unnecessary U.S. epidemic and how to prevent it, which is the topic of her book, "Busting Breast Cancer: Five Simple Steps to Keep Breas...



May 02, 2021 1 hr 5 min Download

"Metabolic" -Discussion Between Dr. Robert Lustig & Dr. Mercola

Dr. Robert Lustig, a pediatric endocrinologist and Professor Emeritus at the University of California, San Francisco, has written a number of excellent books about health. His latest, "Metabolic: The Lure and...



April 28, 2021 57 min Download

Best of Series- The History of BFR Therapy

Blood flow restriction (BFR) training, which I perceive to be the greatest innovation in exercise training in the last century, was developed in Japan by Dr. Yoshiaki Sato in 1966. There, it's known as KAATSU.A...



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