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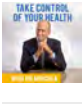
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Experience with Ivermectin Discussion Between Dr. Hector Carvallo & Dr. Mercola

Carvallo graduated from medical school in 1981 — the same year AIDS emerged as a global pandemic. In the first two years, AIDS killed 2 million people. Since 1981, it has claimed the lives of 35 million.
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Best of Series- "Slanted"

Sharyl Attkisson is an award-winning investigative journalist with uncompromising integrity. Her latest book, "Slanted: How the News Media Taught Us to Love Censorship and Hate Journalism."
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Best of Series- 1986: The Act

In this interview, Dr. Mercola hosts a discussion about the documentary "1986: The Act". The film, is included in the NVIC's international public conference on vaccination, which was held online October 16 thr...
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In this best of series Dr. Marc Sorenson discusses the benefits of direct sun exposure with Dr. Mercola
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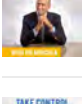
September 26, 2021 ⌚ 1 hr 12 min ⬇️ Download

Vaccine Awareness Week 2021 Discussion Between Barbara Loe Fisher & Dr. Mercola

This week, we celebrate our 12th anniversary of Vaccine Awareness Week. In this video, Barbara Loe Fisher, co-founder and president of the National Vaccine Information Center (NVIC) — which will celebrate its 4...
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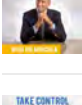
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Best of Series- "Stronger By Stress"

Here, we discuss his book, "Stronger by Stress: Adapt to Beneficial Stressors to Improve Your Health and Strengthen the Body," which came out July 26, 2020. It reviews the really important concepts of hormesis...
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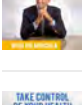
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The Conscience of Psychiatry Discussion Between Dr. Peter Breggin & Dr. Mercola

In this interview, Dr. Peter Breggin — known as "the conscience of psychiatry" for his instrumental role in preventing the return of lobotomy as a psychiatric treatment in the early 1970s — discusses his latest...
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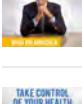
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Best of Series- Transforming our Health Care System

Travis Christofferson — who has a premedical undergraduate degree and a master's degree in materials engineering and science — has written two excellent books about health. The first one, "Tripping Over the Tru...
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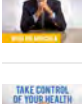
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Best of Series- Ketones: The Fourth Fuel

In this best of series interview, Dr. Mercola interviews Travis Christofferson who has written three books on metabolic health optimization. His third and latest one is "Ketones, The Fourth Fuel: Warburg to Kre...
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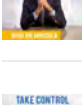
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Best of Series- Metabolic Autophagy

In this best of series, Siim Land, a sociocultural anthropologist, entrepreneur and high-performance coach, is also the author of an excellent book, "Metabolic Autophagy: Practice Intermittent Fasting and Resis...
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Mercury Awareness Week Update- Discussion Between Charlie Brown & Dr. Mercola

For the 11th consecutive year, we celebrate our annual Mercury Awareness and Mercury-Free Dentistry Week. With us again is Charlie Brown, executive director of Consumers for Dental Choice, and a former attorney...
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Best of Series- Hyperbaric Oxygen Therapy

In this best of series interview, Dr. Jason Sonners discusses hyperbaric oxygen therapy (HBOT), which is a tremendously beneficial and widely underutilized therapy. Sonners, a chiropractor, also has a degree in...
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How to Use Blood Testing to Increase Your Resilience Interview Between Thomas Lewis, Ph.D., Dr. Michael Carter, and Dr. Mercola

In this interview, Thomas Lewis, Ph.D., and Dr. Michael Carter explain how biomarker panels can help you take control of your health by identifying underlying chronic infections that might be sabotaging your he...



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Dr. Peter Breggin, a psychiatrist, has written more than a dozen bestselling books on psychiatry and the drug industry. He's frequently referred to as "the conscience of psychiatry" because he's been able to su...

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Blood flow restriction (BFR) training is, without a doubt, the most exciting innovation in exercise training I've encountered in my 50 years of exercise. To help us walk through how it's done, and to discuss it...

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The ReCODE protocol, which involves identifying the drivers of cognitive decline (such as pathogens, toxins and metabolic changes), then targeting those in a personalized program that includes dietary and lifes...

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In this best of series Dawson Church, Ph.D., is a leader in the energy psychology movement, one of the most common forms being the Emotional Freedom Techniques (EFT), which I have promoted for years. Church inv...

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In this best of series Dr. Allan Frankel, a board-certified internist at GreenBridge Medical in Santa Monica, California, has treated patients with medical cannabis for the past 13 year. The first time I interv...

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Naomi Whittel is the former CEO of Twinlab and has written an interesting book about how to achieve radiant health by activating your body's natural autophagy processes. In "Glow 15: A Science-Based Plan to Los...

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In this best of series I interview Alex Tarnava is the inventor of the open-container molecular hydrogen tablets.

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In this best of series, anti-aging scientist James Clement, author of "The Switch: Ignite Your Metabolism With Intermittent Fasting, Protein Cycling, and Keto," While a lawyer by trade, he has since transitione...

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In this interview, I speak with Paul Connett, executive director of the Fluoride Action Network (FAN), for the Fluoride Awareness Week. Connett has been instrumental in catalyzing the movement to remove fluorid...

June 27, 2021 ⌚ 1 hr 4 min [Download](#)**Toxic Legacy- Discussion Between Stephanie Seneff & Dr. Mercola**

Stephanie Seneff, Ph.D., a senior research scientist at MIT, has published a new book, "Toxic Legacy: How the Weedkiller Glyphosate Is Destroying Our Health and the Environment" — without doubt the best book ev...

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In this best of series, Tyler W. LeBaron, founder of the science-based nonprofit Molecular Hydrogen Institute, is one of the most knowledgeable people about molecular hydrogen and its benefits. There are so man...

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In this interview, repeat guest Dr. Thomas Levy, a board-certified cardiologist, shares his insights into an oft-forgotten and overlooked area of health, namely your oral health. For more information go to: htt...

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In his book, "Boundless: Upgrade Your Brain, Optimize Your Body & Defying Aging," Ben Greenfield details his best longevity hacks. "Boundless" is a great title, as the object of longevity isn't just about tacki...

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Best of Series- Omega-6 and AMD

In this best of series episode, Dr. Chris Knobbe, an ophthalmologist, discusses some of the eye-opening information found in his book, "Ancestral Dietary Strategy to Prevent and Treat Macular Degeneration."



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Academic Censorship Discussion Between Mark Crispin Miller & Dr. Mercola

In this interview, professor Mark Crispin Miller, Ph.D., provides us with a startling example of a crackdown on academic freedom, with dire implications for free speech in America today. Ironically, it was his...



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Best of Series- Sleep Apnea

In this best of series interview, Dr. Stasha Gominak, a neurologist and sleep coach, explains the curious synergy between vitamin D deficiency, a changed microbiome and poor sleep.



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Best of Series- "It's All In Your Mouth"

In this best of series, Dr. Dominik Nischwitz, author of "It's All in Your Mouth: Biological Dentistry and the Surprising Impact of Oral Health on Whole Body Wellness," discusses his "all-in-one" holistic treat...



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Best of Series- Regenerative Food and Farming

In this best of interview, Ronnie Cummins, founder of the Organic Consumers Association, discusses his new book "Grassroots Rising: A Call to Action on Climate, Farming, Food and a Green New Deal."



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Best of Series- Antiaging Strategies

In this best of episode, Dr. Lynda Frassetto, a nephrologist and professor emeritus in the department of medicine at University of California San Francisco (UCSF), shares important information about how acid in...



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Busting Breast Cancer - Discussion Between Susan Wadia-Ells & Dr. Mercola

In this interview, Susan Wadia-Ells, Ph.D., discusses breast cancer as an unnecessary U.S. epidemic and how to prevent it, which is the topic of her book, "Busting Breast Cancer: Five Simple Steps to Keep Breas..."



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"Metabolic" -Discussion Between Dr. Robert Lustig & Dr. Mercola

Dr. Robert Lustig, a pediatric endocrinologist and Professor Emeritus at the University of California, San Francisco, has written a number of excellent books about health. His latest, "Metabolic: The Lure and..."



April 28, 2021 ⌚ 57 min ⬇️ Download

Best of Series- The History of BFR Therapy

Blood flow restriction (BFR) training, which I perceive to be the greatest innovation in exercise training in the last century, was developed in Japan by Dr. Yoshiaki Sato in 1966. There, it's known as KAATSU.A...



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Best of Series- Top Tips for Detoxification

In this best of episode, natural health expert and Mercola.com founder Dr. Joseph Mercola interviews Dr. Dietrich Klinghardt on the importance of detoxification for general health, and how to detoxify water-sol...



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Inflated COVID Cases & Fatalities Discussion Between Dr. Henele & Dr. Mercola

In this interview, Dr. Henry Ealy, better known as Dr. Henele, a certified holistic nutritionist and founder/executive community director of the Energetic Health Institute, reviews how U.S. federal regulatory a...



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Best of Series- Coronavirus (COVID-19)

Dr. Boyle shared his views on the origins of the novel coronavirus, SARS-CoV-2 in our first, March 8, 2020. In this best of episode, we continue our discussion, as more details have emerged about this virus.



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The Dangers of Root Canals- Discussion Between Dr. Val Kanter & Dr. Mercola

In this interview, Dr. Val Kanter, a board-certified endodontist and biological dentist with a practice in Beverly Hills, California, discusses the oft-ignored dangers of root canal procedures and modern techno...



April 07, 2021 ⌚ 53 min ⬇️ Download

Best of Series- Vitamin C and Coronavirus (COVID-19)

In this best of episode Andrew Saul discusses the benefits of vitamin C for your immune health.



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Nebulized Hydrogen Peroxide- Discussion Between Dr. Thomas Levy & Dr. Mercola

In this interview, Dr. Thomas Levy, a board-certified cardiologist perhaps best known for his work with vitamin C, discusses nebulized hydrogen peroxide, which has become my favorite intervention for viral ill...



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Best of Series- Ketones And Being "Super Human"



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Bill Gates and His Empire Discussion Between Vandana Shiva & Dr. Mercola

In this interview, Vandana Shiva, Ph.D., discusses the importance and benefits of regenerative agriculture and a future Regeneration International project that we'll be collaborating on.



March 24, 2021 ⌚ 1 hr 8 min [Download](#)

Best of Series- Vitamin D and COVID-19

In this video, Dr. Mercola interviews three experts, Bruce Hollis, Carole Baggerly, and Dr. Carol Wagner, on their insights on how increasing vitamin D levels may help against COVID-19.



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Diet & Lifestyle of the Hadza Tribe Discussion Between Dr. Paul Saladino & Dr. Mercola

In this interview, Dr. Paul Saladino, author of "The Carnivore Code" — a book on nose-to-tail animal-based eating — reviews what it means to be healthy at the most foundational level and shares his findings from...



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Best of Series- Health Benefits of Blood Flow Restriction (BFR) Training

In this best of series episode, Mario Novo, DPT, PT, discusses the many health benefits of blood flow restriction (BFR) training. It's a phenomenally easy way to take control of your health, especially if you're...



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Julie Schiffman Demonstrates EFT, Tapping out Frustration

In this video, Julie Schiffman demonstrates the use of Emotional Freedom Techniques (EFT) to relieve frustration.



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Red & Near-Infrared Light Therapy Discussion Between Ari Whitten & Dr. Mercola

In this interview, Ari Whitten, author of "The Ultimate Guide to Red Light Therapy," reviews the mechanics and basic benefits of red light and infrared light. Whitten, who has a degree in kinesiology, exercise...



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Best of Series- Nutritional Ketosis

In this best of episode natural health expert and Mercola.com founder Dr. Joseph Mercola interviews Randy Evans about nutritional ketosis.



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Nebulized Peroxide- Discussion Between David Brownstein & Dr. Mercola

Dr. David Brownstein, who has a clinic just outside of Detroit, has successfully treated over 200 patients with what has become my favorite intervention for COVID-19 and other upper respiratory infections, name...



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Best of Series- Omega-3s

In this best of series natural health expert and Mercola.com founder Dr. Joseph Mercola interviews Nils Hoem, Ph.D., a Norwegian scientist specializing in omega-3 phospholipids.



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Glyphosate & Deuterium Discussion Between Stephanie Seneff & Dr. Mercola

In this interview, Stephanie Seneff, Ph.D., a senior research scientist at MIT, reviews the health impacts of glyphosate. She has just finished writing a book about glyphosate called "Toxic Legacy: How the Weed..."



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Best of Series- Dangers of LED

Natural health expert and Mercola.com founder Dr. Joseph Mercola interviews Dr. Alexander Wunsch about the hidden dangers of light-emitting diode (LED) lighting.



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Best of Series- Candida Albicans

In this best of series natural health expert and Mercola.com founder Dr. Joseph Mercola interviews Dr. Leon Chaitow about candida albicans -- its dangers and how to address this exceedingly common infection.



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Best of Series- "True to Form"

In this best of series natural health expert and Mercola.com founder Dr. Joseph Mercola interviews Dr. Eric Goodman, founder of Foundation Training, which has evolved over the years. Dr. Goodman also talks about...



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Microbiome and the Immune System Discussion Between Rodney Dietert & Dr. Mercola

In this interview, Rodney Dietert, Professor Emeritus of immunotoxicology at Cornell University, reviews the interrelationship between your immune system and your gut microbiome.



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Best of Series- Photobiomodulation

In this best of series, Dr. Joseph Mercola interviews Dr. Michael Hamblin about healing the body with photobiomodulation therapy. To discover more, visit Mercola.com.





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Over the years, I've done several interviews with Dave Asprey, a Silicon valley entrepreneur, founder and CEO of bulletproof.com, including one in which we discuss how ketones may be useful against COVID-19. He...



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Best of Series- Environmental Conditioning

In this best of series episode, natural health expert and Mercola.com founder Dr. Joseph Mercola and Scott Carney, author of "What Doesn't Kill Us: How Freezing Water, Extreme Altitude and Environmental Condi...



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Optimal Sleep Posture Discussion Between Dr. Peter Martone & Dr. Mercola

In this interview, Dr. Peter Martone, a Boston-based chiropractor and physiologist, shares some incredibly important techniques that can help you achieve proper cervical posture while sleeping, as well as other...



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Best of Series- Medical Marijuana

In this best of series, natural health expert and Mercola.com founder Dr. Joseph Mercola and Dr. Margaret Gedde, a Stanford-trained pathologist and award-winning researcher, discuss medical cannabis and its the...



January 03, 2021 52 min [Download](#)

EFT Meditation- Discussion Between Dawson Church & Dr. Mercola

Dawson Church, Ph.D., is a leader in the energy psychology movement, one of the most common forms being the Emotional Freedom Techniques (EFT), which I have promoted for years. Church investigated and built on...



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Best of Series- Gut Health

In this best of episode, Dr. Joseph Mercola, founder of Mercola.com, and Dr. Robynne Chutkan, author of the book, "The Microbiome Solution: A Radical New Way to Heal Your Body From the Inside Out," talk about...



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The Case for Keto Discussion Between Gary Taubes & Dr. Mercola

Journalist Gary Taubes has written several books on diet, including "Good Calories, Bad Calories," "The Diet Delusion," "Why We Get Fat: And What to Do About It," and most recently, "The Case for Keto: Rethinki...



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In this best of series, natural health expert and Mercola.com founder Dr. Joseph Mercola interviews Dr. Zach Bush about soil health, intercellular communication and their effects on human health. To read health...



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COVID-19 and Physiological Health Discussion Between Thomas J. Lewis & Dr. Mercola

Thomas Lewis, author of "The End of Alzheimer's: A Differential Diagnosis Toward a Cure," is a microbiologist with a Ph.D. from MIT. He's done a lot of work on diagnostic testing, and in this interview, we expl...



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Best of Series- Sugar Industry Manipulation or Fraud

In this best of series natural health expert and Mercola.com founder Dr. Joseph Mercola interviews Gary Taubes about sugar industry manipulation or fraud.



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Linoleic Acid Discussion Between Tucker Goodrich & Dr. Mercola

In this interview, Tucker Goodrich and I discuss what will be the topic of my next book, namely linoleic acid (LA), which I believe is likely the leading contributing cause of virtually all chronic diseases we...



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Best of Series- The Cancer Revolution

In this best of series episode, natural health expert and Mercola.com founder Dr. Joseph Mercola and Dr. Leigh Erin Connealy discuss about cancer revolution, cancer screening, and cancer prevention. To read hea...



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The Immunity Fix Discussion Between James DiNicolantonio, Siim Land, & Dr. Mercola

"The Immunity Fix: Strengthen Your Immune System, Fight Off Infections, Reverse Chronic Disease and Live a Healthier Life" is a new book written by James DiNicolantonio, Pharm.D., & Siim Land. In it, they revi...



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Best of Series- Dangers of Fluoride

In this best of series natural health expert and Mercola.com founder Dr. Joseph Mercola interviews Dr. Bill Osmunson about the dangers associated with water fluoridation.



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LDN Therapy Discussion Between Dr. Sarah Zielsdorf, Linda Elsegood & Dr. Mercola

In this interview, we review some of the remarkable benefits of low-dose naltrexone (LDN), including the surprising benefits of microdosed LDN. The two experts featured in this interview are Linda Elsegood, a B...



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Best of Series - Dirty Electricity Discussion Between Dr. Milham & Dr. Mercola

In this best of series natural health expert and Mercola.com founder Dr. Joseph Mercola interviews Dr. Sam Milham about the health hazards of dirty electricity or electromagnetic interference (EMI). To read oth...



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November 18, 2020 48 min [Download](#)**Best of Series- Regain Balance & Heal Burnout**In this best of episode, Dr. Joseph Mercola and Dr. Joseph Maroon discuss how to regain balance and heal burnout. To read other health articles, visit [Mercola.com](https://www.mercola.com).November 15, 2020 57 min [Download](#)**Fear Appeal and COVID-19 Perception Discussion Between Peter Breggin & Dr. Mercola**

Dr. Peter Breggin, a psychiatrist, has written more than a dozen bestselling books on psychiatry and the drug industry. He's frequently referred to as "the conscience of psychiatry" because he was able to succe...

November 11, 2020 11 min [Download](#)**Coronavirus Anxiety - EFT Demonstration With Julie Schiffman**

In this video, Julie Schiffman demonstrates how to use the Emotional Freedom Techniques (EFT) to relieve anxiety and other challenging emotions brought on by news and uncertainty about this pandemic and/or self...

November 08, 2020 1 hr 9 min [Download](#)**Ketones Discussion Between Dr. William Seeds & Dr. Mercola**

In this interview, Dr. William Seeds, an orthopedic surgeon, reviews how to optimize your metabolic function, improve cellular efficiency and make you more resilient against respiratory viruses using ketones —...

November 04, 2020 47 min [Download](#)**Best of Series- Myths on Dietary Supplementation**

In this best of episode natural health expert and Mercola.com founder Dr. Joseph Mercola interviews Dr. Andrew Saul, editor-in-chief of the Orthomolecular Medicine News Service, on the conventional views surrou...

November 01, 2020 1 hr 21 min [Download](#)**Operation Warp Speed Discussion Between Whitney Webb & Dr. Mercola**

In this interview, investigative journalist Whitney Webb, who does both independent work and collaborations with The Last American Vagabond, discusses the little-known details of Operation Warp Speed, a joint o...

October 28, 2020 1 hr 28 min [Download](#)**Best of Series- Using Diet to Treat Macular Degeneration**

In this best of series Dr. Chris Knobbe and Dr. Mercola discuss new ways to treat macular degeneration.

October 25, 2020 1 hr 4 min [Download](#)**Thrive and Survive COVID-19 Discussion Between David Hanscom & Dr. Mercola**

Dr. David Hanscom, an orthopedic surgeon whom I've previously interviewed about strategies for chronic back pain, quit his practice to focus on educating others on becoming pain-free without surgery. Most recen...

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In this best of episode natural health expert and Mercola.com founder Dr. Joseph Mercola interviews Dr. Lee Know discuss the functions of the mitochondria for optimal health, which is the topic of Know's book,...

October 18, 2020 1 hr 10 min [Download](#)**Oneness Vs. the 1% Discussion Between Dr. Vandana Shiva & Dr. Mercola**

In this interview, social justice and anti-GMO advocate Vandana Shiva, Ph.D., discusses her book, "Oneness Vs. the 1%: Shattering Illusions, Seeding Freedom," which she co-wrote with her son, in which she argue...

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In this best of episode natural health expert and Mercola.com founder Dr. Joseph Mercola interviews expert James Carroll on the benefits of photobiomodulation, and what the research says about this form of ther...

October 11, 2020 1 hr 2 min [Download](#)**Constitutional Sheriffs Discussion Between Richard Mack & Dr. Mercola**

In this interview, Mack details the action steps you can take to make sure your sheriff is safeguarding your Constitutional rights and protecting your civil liberties against unlawful government overreach.

October 07, 2020 1 hr 25 min [Download](#)**Best of Series- Eat Like a Carnivore**

In this best of episode natural health expert and Mercola.com founder Dr. Mercola discusses the benefits of a carnivorous diet with Dr. Paul Saladino.

October 04, 2020 53 min [Download](#)**Metabolic Inflexibility- Discussion Between Dr. Aseem Malhotra & Dr. Mercola**

In this interview, Dr. Aseem Malhotra, a British cardiologist and author of "The 21 Day Immunity Plan," delves into the specifics and explains the role insulin resistance plays in the COVID-19 pandemic.

September 30, 2020 57 min [Download](#)**1986: The Act - Discussion Between Drs. Andrew Wakefield & Mercola**

In this interview, Dr. Andrew Wakefield discusses the documentary "1986: The Act," which he produced. He also co-wrote and directed Del Bigtree's film "Vaxxed," which discloses the conspiracy within the U.S. C...

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Best of Series - The Importance of Spore Probiotics

In this best of episode natural health expert and Mercola.com founder Dr. Joseph Mercola interviews Dr. Dietrich Klinghardt about how Spore Probiotics bring benefits to the human body.



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Best of Series- Deep Nutrition

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10th Vaccine Awareness Week Discussion Between Barbara Loe Fisher & Dr. Mercola

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