

BOOKS

Yoga/Alt Med

Playwriting**Personal**Tennis
AW**Medicine****FOLDERS****RED**Plane
Airport
Car Parking**BLUE**Car Rental
Hotel
Receipts
(Envelopes)
Travel Checklist**GREEN**Maps
Activities**YELLOW**Bank Paper
Day Timers**GREY**

Cruise

SITTER

List

CHILDRENCrayons
Paper
Glue Stick
Scissors
Cards
Oragami Stuff
Puzzles**CLEAR BAG (CB)**Factory
Spare Pens
Hole Punch**FANNY BAG (FB)**Sun Glasses
Hard Case
Binoculars
Hat Clip
Glass Strap
Chapstick**YOGA BAG (YB)**Belt x 2
Block x 2
1/2 Blk x 2
Blanket x 2
Eyebag**BLACK BAG (BB)**Screwdriver
Tape Measure
Ruler
Velcro Sticky
Single EdgeEyeglass kit
Spare Glasses
Glasses StrapNail Clipper
Altoids
Safety Pins
TissuesBand-aids
Neosporin
Tweezer
Needles
Floss
ChapstickAcupunct Needles
GlovesAAA batteries
AA batteriesSharpie
Color Pens
White Out
CalculatorStapler
Staple Remover
Leads & Erasers**MEDIC BAG (MB)**Stethoscope
Reflex Hammer
Tuning Fork
Gloves
Tape Measure
Inclinometer
Nail Clipper**TO DO OUT**Bank
Safe Deposit
Depo Checks
Travelers Ch
Cash
Dollar Bills

Get Maps

POST OFFICEStop Mail
Reg Stamps
Post Card Stamps**TO BUY**Snack/Gum
Film
Gifts
Meds
V-8, Water**DAYS BEFORE**Crate Ready
Books in Crate
Business Cards
Timers In & Out
Vitamins**Print Labels**Labels in Luggage
Update:
Emerg Sheet
Wallet Sheet
Travel Itin
Bills
Mouse Traps
Scotch
DVD's
(Fans)Green Tea
Chocolate
Almonds
Mango**PHONE CALLS**Stop Mail
Stop Papers
Alarm Company
Police**LAST CHECK****Tissues**Name in Lugg
Tickets
Hotel Papers
Car Rental
License
Passport**Checks**Credit Cards
Scotch**Radar Detector**Wallet
Business Cards
Address Book
Pens**Keys**Extra Car Key
Snacks
Gifts**WIRES**Usb3
Flash drive fat32
Headphones
Headphones BT
Micro USB
USB Hub
Phone AC Charger**Snacks**Chocolate
Nuts
Kind Bars
Altoids
Gum
Seaweed
Kale Chips
Mango Chips**Forgot 2013 Sea Colony**Tonic Water
King Fitted sheet
One-Cup Coffee, Mug
Beach Tray
Drawing Stuff
Yoga Mat
Tools**LAST HOURS**Name In Luggage
Empty WalletSetup VCR
Water Plants
Ans Mach On
Backup Comptr
Pool: Chemicals**SAFE**Jewelry
Finance
Disks**CAR/WORK**Yoga Mat/Bag
Umbrella
Meds
Phone Recharger
Medic Bag
Black Bag
Music CD's**LAST HOUR**Lock Cabinet
Hot Wtr Down
Unlock Util Doors

Gates

Lock Pool House
Car Parked OutsideFlush Toilets
Faucetts Off
Water off
Garbage OutHVAC x 5
Sumr 85, Wntr 55

PHONE #'S

CAMERA

CASH

MEDS

MED TABLE

EMERG LIST

NITE LITE

PILLOWS

CELL CHARGER

CLOCK

TISSUES

PACK KNIFE/
BLADE**RET HOME**Parking Card
Fill Wallet
Black Bags->work
Car stuff**Forgot 2011**O Gallon Zips for Ice
/Food/Beach
O Hard Case
O Matches**Forgot 2015 ACAM**Microphone
Blank Disks
Car-Glasses
Medical Tape
Business Cards**CORE**Toothbrush
Toothpaste
Razor
Blades
Floss
M ScissorsSpare Glasses (BB)
Eyeglass Strap (BB)
Repair Kit (BB)
Sun clips

Jacknife

Nail Clipper
Emery BoardWindbreaker
UmbrellaAlarm Clock
Night Light
Flashlight

Scotch

Proventil

ASA

Tylenol
Motrin
Decongestant
Antihistamine
Benadryl Tabs
Pepto Bismol
Tums
ImmodiumBand-aids
Tissues
Alcohol Swabs
Tweezers
NeedleLip Balm
Vaseline

Acupunc Needles

OINTMENTSNeosporin Plus
Bendryl Oint
Cortisone
Lotrimin**CLOTHES**Tee Shirts
A Shirts
UnderpantsSocks
White
DressShirts
Dress
CasualPants
Casual
DressShorts
Dress
JoggingTies
BeltsPajamas
BathrobeShoes*
Dress
Sandals
Sneakers
ThongsSuits
Sport Jacket
SweatersJacket
RaincoatShoe Laces
Shoe Polish**MEDICATIONS:****SEE CORE**Ice Pack
Asthmacort
Prednisone/
Medrol

Stool Softener

Insect Rep
Epipen

Chlorseptic

Vitamins

BATH**SEE CORE**
Soap-Dove
Soap-Acne
Shampoos

Acne Meds

Tissues
Q Tips

Talcum

Comb
Brush
Hair Dryer

Zout

YOGABag
Shorts
Belt
Mat
Blocks
Timer
Books
Clogs
Sprayer
CD's
Tapes
Sheets**TENNIS**Bag
Racket
Balls
Viser/Cap
Towel
Water
Sunglasses
Rosin
Sun Lotion**SWIMMING**Bathing Suit
Goggles**BOAT**Hat clip
Kid's dramamine
Adult dramamine**CARRYING**Back Pack
Waist Pack
Shopping Bag
Collapse BagPlastic Bags
Wrapping Tape
Duct Tape
String**WINTER**Sweat Shirt
Sweat Pants
Scarf
Gloves**BEACH/SUMMER**Beach Bag
Lotions #8,#45
TowelsHat/ Visor
Sunglasses
UV Glasses
Hard CaseWater bottle
Food Bag
Ice Pack
SnacksMotrin
Carmex
Long Sleeve
Straw Hat
Bch Umbrella
Chairs

Cooler

Boogie Board
Kadima
Backgammon

Inflatables

Ball
Tube
Pool
Pail & Shovel**CELL PHONE**Phone
Batteries
AC Charger
Car Charger

MISC

Magazines
Books-see last page

Binoculars

Candles
Candle Holder
Matches

PH
P-P-M

REPAIR

Single Edge (BB)
Flash Light
Super Glue
Tools
String
Duct Tape
Electric Tape
Toothpicks
Mirror
Batteries (BB)
Plastic Chain
Plastic S Hooks
Plastic Ties
Velcro

HOTEL

Multi-plug x 2
Dimmer
Hangers
Laundry Bag*
Lock & Chain
Suction Hook
S Hook

FOOD

Thermos
Bottle Opener

Spoon
Fork
Knife
Plate
Cup

ACUP

Needles
Stim
Rx Notes
Ref Book
Used Needle Holder

STATIONARY

Pens
Pencil
Lead
Erasers
Rubber Bands
Paper Clips
Stapler
Staples
Highlighter

Alcohol

Factory
Scotch Tape
Index Cards

Binder
Notebook
Paper
Graph Paper
Tracing Paper
Post-Its
Blank Labels

Receipt Envelop
Stamps
Envelopes
Labels

CONFERENCE

LABELS
Business Cards
CV's

Receipt Logs
Receipt Env

Registration

Ans Sheets
Loosef Bindr
Hole Punch

MICROCASSETTE

Microcasset
Micro Tapes
Batteries

DIG AUDIO

Recorder
Cable
Software

AUDIO

CD's
Tapes
Walkman

Headset
Extension
Y
Blank Tapes

Batteries
Charger
AC Ext Cord
3 Plug

Speakers
AC Adapter
Speaker Plug
Switch

Mono Recorder
Mono AC Power
Microphone
Mike Ext Cord
Earplug
Blank Tapes
Reg. Battery

COMPUTER

Laptop
AC Supply
AC 3 Way
Surge
Wires
Non-Skid
Phone Wire
Phone Splitter

Mouse
Mousepad

Headphones

Zip Discs
Blank CD's
Floppy Disks

PRINTER

Paper
Ink
CD Drivers

DIG CAMERA

Camera
Disks: Super, Reg
Recharger
USB Wire
Software CD

PHOTOGRAPHY

Camera
Film
Lens
Batteries
Flash
Filters
Tripod
Filter Paper

VIDEO

Camera
Ext Cord
Tapes

Light

VCR

Prog. Remot w Dir.
RCA Cables
Coax cable
Blank tapes

OUT OF COUNTRY

Passport
Change Purse
Antibiotics
Lomotil/Immodium
Pepto Bismol
AC Converter
Dual Time Clock
Emergency #'s:
passport
credit card

NEW YORK

Subway Map
Street Maps
Keys

Radar Det

Ped Claritin
Adult Claritin
Decongestant x2
Eye Antihistamine
Nasal Steroids
Nebulizer
Neb Meds

Pillows

LIRR Card
Subway Card

FLORIDA

Coffee
Returns Levenger

GAMES

Cards
Backgammon
Memory
Pictionary

Astronomy Chart
Origami

PATTI

Jewelry Box
Orudis
Decong

BINGO

No Bark Collar
Leash
Food
Meds
Crate

CHILD MEDS:

Med Sheets
Singulair

Vitamins
Flouride

Liquid Meds:
Tylenol
Decongestant
Advil
Benadryl

Antibiotics

Nebulizer

Albuterol
Pediapred

Eye meds
Ear meds
Nose meds

Thermometer
Covers

K-Y
A&D

Ipecac

Ointments:
Bandaid
Cortisone
Neosporin+
Benadryl
Lotrimin

Insect Rep
Epipen

Immodium

BATH

Washcloth
Sponge
Towels

Brush

Soap-Dove
Shampoo

Cotton Balls

Toothpaste
Toothbrush

TOYS/ENTERTAIN

Video Tapes
Audio Tapes
Music CD's
Computer CD's

Books

Stuffed Animals

Nintendo

Gameboy
Cartridges

Memory
Cards

Crayons
Paper
Glue Stick
Scissors
Tracing
Graph Paper

Blocks
KNex

Tape Player
Tapes
Recharger
Batteries
A/C ADAPTER

Piano

Books
AC Adapter

PLANE-BOYS

Coins/ \$20
Toys/Snack
Flashlight
Emerg Sheet
Ticket
ID

SUPPLIES

Toilet Paper
Paper Twls
Napkins
Tissues
Small
Large
Plastic Wrap
Plastic Bags
Garbage Bags

Sponge-Regular
Sponge-Abrasive

Dish Towels
Dishwashing Liquid
Dishwasher Dtrngt
Liq Hand Soap

Cold Cups
Hot Cups
Bowls
Paper Plates
Utensils

Water Bottles
Cooler
Thermos

Spoon
Fork
Knife
Plate
Cup
Chopsticks

Bottle Opener
Can Opener
Cutting Board

Coffee
Grinder
Cone
Filters
Mugs

CONDIMENTS

Mustard
Ketchup
Mao
Oil
Vinegar
Salad Drsg

Salt/Pepper
Sugar
Sweet & Low
Honey
Sprinkles
Cinnamon
Maple Syrup

KRIPALU

Small Fan
Coffee?
3 hole punch

DRY FOODS

Carnation IB
Scoop
Cereal
Red Sauce
Peanut Butter
Popcorn
Snacks
Crackers
Graham Crackers
Pasta
Jelly

DRINKS

Water
Juices
Soda
Seltzer
Beer
Wine
Vodka

PERISHABLE FOOD

Milks
Butter
Bread
Cream Cheese
Cheese
Eggs
Fruit
Salad

FREEZER

Pops
Ice Cream
Packs

SEA COLONY

Ans Machine
Cordless Phone/
Speaker Phone
Fan
One-Cup Coffee
See VCR list p2
Wires
Bch Umbrella
POLO CREDIT \$50

LINENS

Blanket
Sheets
Bath Towels
Beach Towels
Wash Cloth
Dish Towels

LAUNDRY

Bag
Detergent
Woolite
Laundry Bag
Hangers