

# Neurotransmitter Balance

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**Dopamine**  
(Adrenal/Thyroid/Tyrosine)

**Serotonin/Melatonin**  
(Tryptophan/Niacin)

**DRAFT**

**Receptor Systems:**

Opioid/Dopamine

Cannaboid

Vallinoid

GABA

Histamine

Acetylcholine

Serotonin

**Histamine**  
(Histidine)

**Taurine**  
(Methionine,  
Cysteine)

**Acetylcholine**  
(Inositol,  
Choline, Serine)

**GABA/  
Glutamine/  
Glutamate**